



“Suzanne, you are a gift in my life, and I so appreciate you.” – Mark Gordon

“Thank you, Suzanne! My life has been forever changed by embracing a healthy mindset. So thankful for you.” – Max K.

“The mindset call did the trick for me today. We had such good discussions after with plans for action set in motion! I am under the weather today and I still feel great mentally because of the call. Thanks Suzanne Marie Bandick.” – Ryan B.

“Thank you so much for all your help. The thoughts becoming actions is some very powerful stuff and I just wanted to let you know I appreciate your positive and encouraging words of guidance. Thank you for all your help”. – Stacy H.

“This morning I woke up with so much gratitude. I feel that the ups and downs I go through continue to strengthen me with the Holy Spirit as my guide. I feel so blessed to have you supporting and guiding me through these mountains and valleys. I am growing and getting stronger in the areas that matter to me. I am excited to write this morning about what we discussed yesterday.” – Sonya B.

“Why is it that often what you say brings on tears in me...not bad tears. Maybe because the things you say are so heartfelt. To those of us lucky enough to know you and be coached by you, is to know what a true, kind, dear person you are. Sending you hugs and my love Suzanne Marie Bandick” - Karen S.

"There is no one better equipped to be a life coach than Suzanne Bandick. With her unique blend of optimism, positive outlook, and ability to listen, Suzanne leads by an example that you cannot help but want to follow. She is skilled at the art of allowing — making the process equally balanced as one of self discovery and guidance. With Suzanne’s encouragement I have been able to transform my lifelong pattern of thinking that was holding me back from living, being, and having the life I so desired to live." - Pamela

"Suzanne has changed my life – it happened from the very moment she began sharing with me her thoughts, her advice, and her knowledge. I was a different person one week later. I had experienced a long period of bad luck, depression, and a general bad state of mind. I decided to do everything she told

me to do, I started writing my wish list, I wrote what I desired, and with Suzanne's help once a week, I was changed." Sherry

I practiced some techniques Suzanne taught me and the first thing I did was to get rid of the bad feelings left from a past relationship with a guy that didn't deserve me. She told me "You have to look for someone that appreciates your generosity," and that was it, I understood how worthy I was as a woman, and I buried that relationship in the past and now I'm only looking forward. I am happy. Thanks to Suzanne, my angel. Just by practicing the techniques she taught me I have changed my life. I am so grateful; without her I don't know where I would be now. I love you, Suzanne." - Irene, Playa del Carmen, Mexico

"Thank you so much, Suzanne. You are wonderfully encouraging and inspiring. I am so appreciative to have you in my life. MANY MANY people will benefit from your coaching." - Love, Kate

"Suzanne, I asked to be inspired and you showed me the Law of Attraction, which has proven to be the MOST life changing experience to date! But I've always known you and your family were special and I've always thought about you and referred to you as the PERFECT FAMILY! Loving, kind, caring and amazing teachers to your, oh-so-fortunate, children, who when I met, (age 9-11ish), already had a vision board and goals before I, (age 25ish), even knew what they were!!! I'm so glad that I had the opportunity of meeting you when I did and I'm so happy that we've managed to keep in touch over the years!! Thank you for everything!" - Nickole, Vancouver, B.C.

"There aren't any words invented yet to describe how much your coaching has helped in redirecting my life! Thank you, Suzanne for walking alongside me on this most satisfying journey. Your inspired thoughts and suggestions have been instrumental in the major shifts my life has experienced. When we began our coaching sessions, my life felt like a vast river of uncontrolled and untamed emotions just rushing by. With your guidance, I was able to select the course and speed I wanted this river to have. Thank you for showing me that I have the power within to direct "my river" where I want it to go! "You truly live your talk"...it shows on how you listen, on how much you care, and on how you envision my life as I have envisioned it, making this vision even more powerful."

- Graciela Domínguez, Houston, Texas, USA

"My very dear Suzanne, you are brilliant! Knowing you is a privilege, and my life as surely changed since I met you. You are a gem, a rarity, a fantastic person, to be loved and cherished until eternity."

- Evelyne B. - Playa del Carmen, Mexico

"Thank you for being who you are to the world...it's made a difference in my life...of that, I have no doubt. Thank you for showing up in my life when you did...it was perfect timing...but then it would have been perfect whenever it happened, right?" - Beki

"I use the class notes and they help when I need more support. After your class I have been doing so much better. The hardest part is remembering I don't have to figure out how everything will happen." - Kevin, B.C., Canada

"Suzanne you've recognized my spirit so easily and encouraged it so joyously. I want you to know that caring people who have known me intimately for years have not seen a tenth of what you perceive about me. Your trust level is very high. You have a true calling and gift with so many aspects: encouragement, wisdom, playfulness, listening, recognizing, guiding, and sharing to name just a few. I feel honored to know you and blessed to share this special time with you." - Micheal M., Texas

"I am so grateful to have you in my life and I am so in appreciation to be in this course. Thanks for the great coaching." - Cherilyn M.

"Suzanne, I had such a great weekend, thank you!! Not only did I build sandcastles, but I went IN the ocean on a big pink floatie with my daughter... I never actually get beyond my ankles, so it was very cool for her (and me). I have also been practicing my positive thinking and guess what? I made a big sale this morning. I guess this stuff really works. Plus, we all seemed a bit calmer this weekend with my new attitude."- Traci M., Puerto Vallarta

"I just love getting your emails! They are among the very best of the many various "thought for the day" type emails I look forward to each day. I sit with my coffee and fill my mind with awesome thoughts. Yours are more special because of the phone course and the connection we all made. Kind of like, Hey! I know her! Thank you! Thank you!! Thank you for all the love you have given to so many people." - Micheal

"Dear Suzanne, I found your site after typing ego vs spirit. I have been feeling confused and your blog entries totally addressed my dilemma. I have been able to visualize and manifest certain things in life except when it came to work. I realize now that there is huge fear around being stuck in something that is joyless and feeling immature for having this reaction. After reading your feelings on the subject I realize I have had a reasonable approach after all. Also, your advice on following through on all the little ideas that come to mind around a specific dream was the key I had been missing. I know that to be effective but didn't trust it around work! You have no idea how huge a problem this has been in my life. THANK YOU for being in the right place at the right time." - Jann

"I just wanted to thank you so much for taking the time to meet with me. I think that you are just the thing I need right now! When I walked out of your gate yesterday, I got a phone call that could possibly be beneficial! I will tell you about it next week! I am working on my homework too.....Thank you again and I am grateful for Suzanne Bandick"! Hugs - Sara

"Sometimes I don't know what I would do without you. I have posted the tips of this week on my wall."- Julie

"Hi Suzanne, you're wonderful - did you know that? Your last two calls were very helpful for me. They are helping me find my direction. Your call notes are also very helpful in sorting out my thoughts and I am going to print them off and write in my answers as this week goes along... who knows what I might come up with!! Peace and Joy"- Karry. Canada

"Suzanne you are a found treasure because you have opened so many possibilities for me. I am so much happier and balanced, and I have learned to dream again!" – Marta, California, USA

"Thank you, Suzanne! My life has changed dramatically and continues to expand in joy and excitement. I'm having the most incredible life I never dreamed I could have! Have a fantastic day! Whether you realize it or not, you have taught me how to make each day fantastic."

- Barry, British Columbia

"Suzanne deepened and refined my understanding of the Law of Attraction and helped me identify limiting beliefs that I had been carrying around for years. With her help, I was able to make some dramatic positive changes. Every part of my life got better - fast! I would recommend her highly to anyone." - Elizabeth, New York, USA